

即興舞蹈大使計劃 Improvisation Ambassador Project

8位即興大使×5個在地團體
串連臺北、桃園、新竹、臺南、高雄、屏東等西岸城市，透過即興大使與地方團隊的交流串連，深化即興舞蹈的思辨與實踐能量！
即興大使 | 古名伸、朱星朗、李世揚、周書毅、陳武康、董怡芬、鄭志忠、黎美光
合作團體 | 身體聚會所（臺北）、君舞蹈劇場（桃園）、艸雨田舞蹈劇場（新竹）
衛武營駐地舞者計畫（高雄）、滯留島舞蹈劇場（屏東/臺南）

8 Improvisation Ambassadors × 5 Local Groups

Connecting cities along Taiwan's west coast — Taipei, Taoyuan, Hsinchu, Tainan, Kaohsiung, and Pingtung — this initiative brings 8 improvisation dance artists/experts to collaborate with 5 local groups. Through workshops and exchanges, the "Improvisation Ambassador Project" deepens the thinking and practice of improvisation dance.
Ambassadors: Ming-Shen Ku, Christopher Chu, Shih-Yang Lee, Shu-Yi Chou, Wu-Kang Chen, I-Fen Tung, Chih-Chung Cheng, Mei Li
Groups: DPK (Taipei), Chun Dance Theatre (Taoyuan), LDT Studio (Hsinchu), Weiwuying Dancer-in-Residence Project (Kaohsiung), Resident Island Dance Theatre (Pingtung & Tainan)

FREE!
即興流水席 Improvisation Banquet : Open Showcase

自由展現創意的平臺，只要你願意，做伙來跳舞！臺北場即興流水席×舞蹈馬拉松聯名企劃：看舞+討論，一次飽足。
A free and open platform to unleash your creativity — if you're willing to move, we're ready to let you shine. Come dance with us!A special collaboration in Taipei ! Improvisation Banquet x Dance Marathon : Watch dance, join the conversation, and experience a full serving of movement and ideas.
報名演出請洽官網。
Sign up to perform via our official website.

即興舞蹈的身態 演出系列
FIELD: A Night of Improvisation Performance Series

解構即興表演（演出：古舞團） | 【單場】NTD 800
Deconstructing Improvisation Performance
Performance: Ku & Dancers
NTD 800 per show

演出+風味果醬舞會 | 【單場】NTD 800
FIELD: A Night of Improvisation + Guided Jam
NTD 800 per show

國內外舞蹈、音樂即興好手輪番上陣的精彩演出。
同時 i・dance Taiwan 首創「帶練舞服來看演出」，每晚演出結束後觀眾與表演者交換位置，由來自國內與海外的即興藝術家帶領各色風味的果醬舞會，換個角度，用身體理解即興舞蹈，是最直接而快速的溝通。
A stellar lineup of dance and music improvisers from Taiwan and abroad will take the stage. i・dance Taiwan presents "Bring Your Dance Clothes to the Show" — after each performance, audiences and performers switch roles in jam sessions led by improvisation artists from around the world. Experience improvisation from a new perspective — through movement, the most direct way to connect.

克斯蒂·辛姆森《Subterranea》獨舞專場 | NTD 800
Kirstie Simson Solo Performance Subterranea
NTD 800

FREE!
開閉幕果醬Opening/Closing Jam
一期一會的即興派對，就是愛跳舞！
A celebration Jam party! Just dance!

Kaohsiung 高雄

11/15 (Sat.)
左營高中舞蹈教室
Tsoying Senior High School Dance Studio

10:00—13:00
克斯蒂·辛姆森(英) 接觸即興工作坊
Kirstie Simson (UK) CI Workshop

14:00—17:00
李勇偉(新) 接觸即興工作坊
Yong-Wei Li (SG) CI Workshop

19:00—22:00
開幕果醬 主持 | 李勇偉(新)
Opening Jam Host: Yong-Wei Li (SG)

11/16 (Sun.)
衛武營榕樹廣場
Weiwuying Banyan Plaza

13:30—17:30
即興流水席
Improvisation Banquet :
Open Showcase

國際大師工作坊 CI Master Workshops

歐陸第一代接觸即興大師 克斯蒂·辛姆森
新加坡接觸即興舞蹈家 李勇偉
為接觸即興愛好者開設的大師工作坊 | 【單堂】NTD 1,200
Kirstie Simson, first-generation CI master from Europe
Yong-Wei Li, CI master from Singapore
Master Workshops for CI lovers! NTD 1,200 per class

詳細資訊與報名請詳官網
Details and registration please check official website.

專題系列 Special Focus Workshops

臺灣原生的啟發式舞蹈先驅 林絲緞
亞洲接觸即興舞蹈第一人 古名伸
將分別帶來多元舞蹈教育、即興舞蹈創作表演兩大專題，同時將對談臺灣即興舞蹈史。
Szu-Tuan Lin, a pioneer of Taiwan's heuristic dance movement.
Ming-Shen Ku, a pioneer of CI in Asia.
They will present two main focuses: diverse approaches to dance education and improvisational dance creation / performance — along with a dialogue on the history of improvisation dance in Taiwan.

林絲緞 動作教育·舞蹈療育實踐方法工作坊 | 【單堂】NTD 1,200 *需經審核
Special Focus Workshop: Szu-Tuan Lin (I):
Practices in Movement Education and Dance Therapy Workshop *By approval only
NTD 1,200 per class

林絲緞 多元親子舞蹈工作坊 | 【親子兩人同行】NTD 1,000
Szu-Tuan Lin (II): Diverse Child-Parent Dance Workshop
NTD 1,000 per class
*本工作坊為4至8歲兒童設計，歡迎一般及具神經多樣性的兒童與家長
*Designed for children aged 4 to 8, welcoming both neurotypical and neurodivergent children along with their parents.

古名伸 即興表演專題 | 【單堂】NTD 1,200
即興表演大眾班
即興表演進階班 *需經審核
Ming-Shen Ku (I): Introduction to Improvisation Performance
Ming-Shen Ku (II): Advanced Improvisation Performance Study *By approval only
NTD 1,200 per class

FREE!
林絲緞×古名伸對談 | 「即興舞蹈與它的產地：台灣即興舞蹈史」
Dialogue: Szu-Tuan Lin & Ming-Shen Ku—"Improvisation and Its Place: The Taiwan Story"

詳細資訊與報名請詳官網
Details and registration please check official website.

Taipei 臺北

11/17 (Mon.)

13:30—16:00
林絲緞 專題(一)
動作教育·舞蹈療育實踐方法工作坊
Special Focus Workshop: Szu-Tuan Lin (I):
Practices in Movement Education and Dance Therapy Workshop

18:30—20:00
古名伸 × 林絲緞對談
「即興舞蹈與它的產地：臺灣即興舞蹈史」
主持 | 余彥芳·陳雅萍
Dialogue: Szu-Tuan Lin & Ming-Shen Ku—
"Improvisation and Its Place: The Taiwan Story"
Hosts: Yen-Fang Yu & Ya-Ping Chen

20:00—21:00
開幕酒會
Opening Party

11/18 (Tue.)

10:00—13:00
古名伸 專題(一) 即興表演大眾班
Special Focus Workshop: Ming-Shen Ku (I):
Introduction to Improvisation Performance

14:00—17:00
古名伸 專題(二) 即興表演進階班
Special Focus Workshop: Ming-Shen Ku (II):
Advanced Improvisation Performance Study

19:30—21:00
解構即興表演（演出：古舞團）
Deconstructing Improvisation Performance
Performance: Ku & Dancers

11/19 (Wed.)

10:00—13:00
克斯蒂·辛姆森 接觸即興工作坊(一)
Kirstie Simson CI Workshop (I)

13:30—14:30
親子即興舞蹈工作坊 * 華語授課
鄭伊雯·董怡芬
Child-Parent Dance Improvisation Workshop
(In Mandarin)
Yi-Wen Cheng & I-Fen Tung

14:00—17:00
李勇偉 接觸即興工作坊(一)
Yong-Wei Li CI Workshop (I)

15:00—16:00
親子即興舞蹈工作坊 * 臺語授課
鄭伊雯·董怡芬
Child-Parent Dance Improvisation Workshop
(In Taiwanese)
Yi-Wen Cheng & I-Fen Tung

19:30—21:30
即興舞蹈的身態 (一)
演出 | 王甯·古名伸·陳武康
李世揚(音樂家統籌)
風味果醬 主持 | 余彥芳

Field : A Night of Improvisation (I)
Performance: Ning Wang, Ming-Shen Ku,
Wu-Kang Chen, Shih-Yang Lee (Musician
Coordinator)
Guided Jam Host: Yen-Fang Yu

FREE!
眾身共議：Who's Not In the Room?
Roundtable Forum
接觸即興引進臺灣30年，在此時刻我們邀請眾人共同做一次階段性的開展與討論：如何透過實踐活絡並深化即興作為創作、表演與思考方法？並共思接觸即興在當代臺灣的社會性、公共性與當代性。
CI has enriched Taiwan's dance scene for over 30 years. At this moment of renewal, we invite the community to engage in open dialogue: How can embodied practice continue to deepen improvisation as a method of creation, performance, and inquiry? Together, we'll explore CI's evolving social, public, and contemporary roles in Taiwan.

多元主題工作坊 Themed Workshops

董怡芬+鄭伊雯 親子即興舞蹈工作坊 *華語/臺語各一堂 | 【親子兩人同行】NTD 1,000
Child-Parent Dance Improvisation Workshops by I-Fen Tung & Yi-Wen Cheng
Child-Parent duo price NTD 1,000 per class
*本工作坊為6—10歲兒童及家長設計
*Designed for children aged 6 to 10 and their parents.

周書毅+鄭志忠 共融身體工作坊 | 【單堂】NTD 1,200
Inclusive Dance Workshop by Shu-Yi Chou & Chih-Chung Cheng
NTD 1,200 per class
*身障者與陪同者享5折優惠
*Persons with disabilities and their accompanying companions are eligible for a 50% discount.
*本工作坊歡迎專業舞者、舞蹈愛好者與多元身體樣態的舞者共同參與
*The workshop welcomes professional dancers, dance enthusiasts, and dancers of diverse bodies and abilities to participate together.

可揚與他的快樂夥伴 非視覺即興舞蹈工作坊 | 【單堂】NTD 1,200
Non-Visual Dance Improvisation Workshop by Happy Cola's Friends
NTD 1,200 per class
*歡迎視障者與陪同者參與並享5折優惠
*Visually impaired participants and their companions are especially welcome and are eligible for a 50% discount.
*歡迎專業舞者及一般民眾參與
*Open to professional dancers and the general public.

詳細資訊與報名請詳官網
Details and registration please check official website.

售票與報名優惠
• 全跳PASS | NTD 8,000（含高雄+台北）（66折，原價NTD 12,000）
內含 | 8堂國際大師工作坊、古名伸專題（*「即興表演進階班」需經審核）
• 國際大師工作坊（克斯蒂·辛姆森、李勇偉）
報名臺北場單一大師連三堂工作坊,享NTD 3,300特惠
6/30—7/20報名繳費享優惠NTD 2,700

• 「解構即興表演」、 「即興舞蹈的身態」及「克斯蒂·辛姆森獨舞專場」售票優惠
全看PASS | NTD 2,800（75折，原價NTD 3,700），內含五場演出
早鳥票 | NTD 600（6 / 30 — 7 / 31）
學生票 | NTD 600
學生4人成行 | 5折

Special Offers on Tickets & Workshops
• Workshop All-In Pass NTD 8,000 (34%discount, original price NTD 12,000)
Includes 8 x CI Master Workshops and 2 x Ming-Shen Ku's Special Focus Workshops
Application of Ming-Shen Ku (II): Advanced Improvisation Performance Study by approval only.

• Attendees who register for all 3 classes of the Master CI Workshop in Taipei with either Kirstie Simson or Yong-Wei Li pay only NTD 3,300.
Early registration pays only NTD 2,700 (valid until July 20).
Please note: This discount applies only when attending all three classes with the same master. Mixing classes between different masters does not qualify.

• Ticket Special Offer for Deconstructing Improvisation Performance, FIELD: A Night of Improvisation + Guided Jam and Kirstie Simson Solo Performance.
Show All-In Pass NTD 2,800
(25% discount, original price NTD 3,700), includes 5 performances
Early bird: NTD 600 per show (6/30-7/31)
Student ticket: NTD 600 per show
Student Group discount: 50% off for group of 4 students

票券售出將不受理退票及轉讓事宜
詳細資訊與報名請詳官網
All ticket and workshop fees are non-refundable and non-transferable.
Details and registration please check official website.

11/22 (Sat.)

10:00—12:00
林絲緞 專題(二)
多元親子舞蹈工作坊
Special Focus Workshop: Szu-Tuan Lin (II):
Diverse Child-Parent Dance Workshop

13:30—18:30
即興流水席 × 舞蹈馬拉松
Improvisation Banquet: Open
Showcase × Dance Marathon

19:30—21:00
克斯蒂·辛姆森《Subterranea》
獨舞專場
Kirstie Simson Solo Performance
Subterranea

11/23 (Sun.)

10:00—12:00
眾身共議：
Who's Not In the Room?
主持 | 余彥芳·樊香君
Roundtable Forum
Hosts: Yen-Fang Yu & Xiang-Jun Fan

14:00—17:00
閉幕果醬
主持 | 李勇偉
Closing Jam Host: Yong-Wei Li

古舞團 Ku & Dancers
idancetaiwan@gmail.com
idancetaiwan.tw
Advisory Organization 指導單位
台北市文化局
Department of Cultural Affairs
Taipei City Government
114年臺北市年度演藝團體
Taipei Performing Arts Groups of the Year
Organizer 主辦 | 古舞團
Co-organizer 協辦 | 臺北市中山堂
TAIPEI ZHONGSHAN HALL



II

國際舞蹈節 臺北舞臺 立即興節

Opening Space：眾身起舞

idt今年迎來世代交接、理念轉向與實踐持續的轉折時刻，本屆策展援引接觸即興教母Nancy Stark Smith「潛動譜」圖示之一：「」[(opening space)]作為主題，歡迎那未被照見者、隱身者、不在場者，進入空間，彼此聆聽，各自款擺，用身體思考生態，用行動譜劃、協商、共創人人起舞的未來。

Entering a new era, this year's edition draws inspiration from the "Underscore" practice by Contact Improvisation pioneer Nancy S. Smith. With the symbol "[(opening space)]" — meaning "opening space" — as its theme, idt 2025 invites the unseen, the absent, and the hidden to step into the space — to listen, move, and co-create a future where everyone dances.

11/15-23 opening space：

眾身起舞

更多詳情 | idt2025官網與社群
For more information: visit idt2025 website or social media.



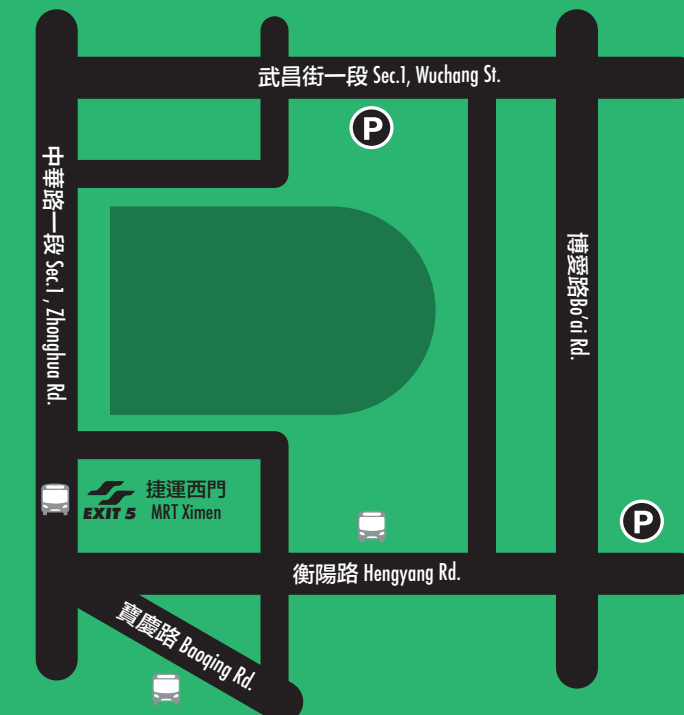
idt Website



idt IG



idt FB



Venue Zhongshan Hall

臺北市中山堂

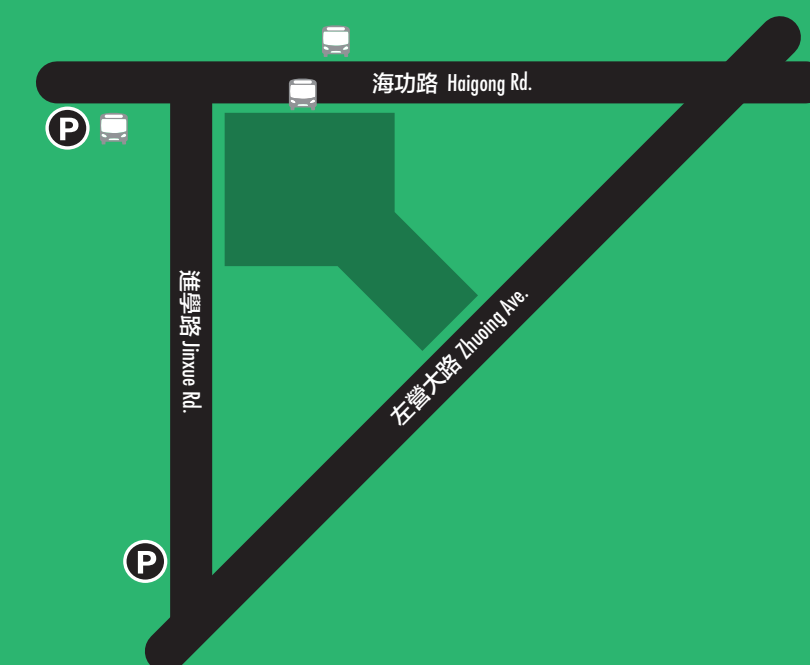
臺北市延平南路98號（捷運西門站）
No. 98, Yanping S. Rd., Zhongzheng Dist., Taipei City (MRT Ximen Station)



Venue Weiwuying

衛武營國家藝術文化中心 | 榕樹廣場

高雄市鳳山區三多一路1號（捷運衛武營站6號出口直走右轉）
No.1, Sanduo 1st Rd., Fengshan Dist., Kaohsiung City (MRT Weiwuying Station)



Venue Tsoying Senior High School

左營高中

高雄市左營區海功路55號
No.55, Haigong Rd., Zuoying Dist., Kaohsiung City